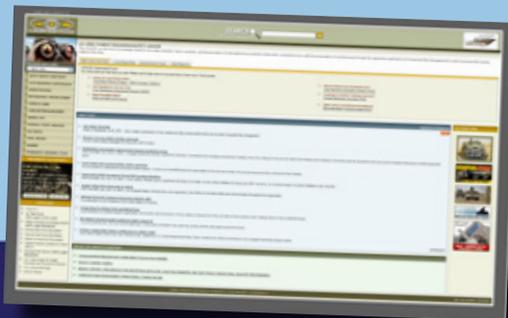


“The strength of our Soldiers comes from the strength of their Families.”

Honorable Pete Geren
Secretary of the Army

→ More Information

The USACRC stands ready with tools and programs to keep you and your Family safe. Please visit us at <https://crc.army.mil>



How can Army safety help me and my family?

Statistics show that when our Soldiers return from deployment, their risky behaviors follow them back home and the risk of them being involved in an accident is high.

Research, specifically examining post-deployment motor vehicle and personal injury accidents, has shown that 186 Soldiers died within one year of returning from deployment. In fact, almost 30% (50) of these

Soldiers died within the first 30 days post-deployment and 63% (118) died within 180 days of return.

While there are several contributing factors that lead to fatal accidents upon the return of your loved one, Family involvement can make a huge difference in their decisions. We want our Soldiers and their Families to remain safe and enjoy the many freedoms for which they sacrificed.

For additional information on the Family Engagement Kit, please contact Dr. Patricia LeDuc, Chief, Human Factors Task Force, at (334) 255-2233
Patricia.LeDuc@crc.army.mil.

<https://crc.army.mil>



SOLDIERS • FAMILIES • ARMY CIVILIANS

ARMY STRONG.



ARMY SAFE IS ARMY STRONG

We, as leaders, know that direct engagement with our Soldiers makes a difference in their safety. You and your Family, better than anyone, know your Soldier—what they like and dislike, how they think and how their decision process is carried out. Families make a direct impact on how a Soldier reacts in any given situation.

Therefore, I am asking you, the Family, to help your Army take better care of your loved one.

With your direct help and support, we can better protect our nation's most precious assets - our Family members.

Army Safe is Army Strong!



ARMY STRONG.

William H. Forrester
Brigadier General, USA
Commanding

→ Family Trips

Use **TRiPS** to make your Family outing a safer one. TRiPS is a Web-based planning tool to help you examine and reduce the risk of traveling when your personal automobile or motorcycle is going to be the primary means of transportation.



→ Motorcycles

Good News: There were fewer motorcycle accident fatalities in FY07 than FY06.

Bad News: Motorcycle accident fatalities continue to be among the leading causes of Soldier fatalities.

→ Health/Fitness

Alcohol

Since exposure to alcoholic beverages has been limited in wartime, it is important not to let your Soldier overindulge. Excessive use of alcohol can be a warning sign of distress, increase the risk of accidents and decrease the opportunity to communicate with the Family.



Fatigue

Your Soldier's internal clock may take a week or two to readjust to local time. Also, you and the rest of the Family may be keyed up, sleeping poorly in anticipation of the homecoming. Realize you may be exhausted and sleep loss for you can have the same unintended consequences as it does for your spouse.



may negatively impact a Soldier's behavior at home, work and on the highways.

Commonalities

Alcohol, sleep loss or PTSD can cause problems for you and your Soldier. Slowed reaction times, inability to concentrate, irritability and increased risk taking can be related to any or all of these factors. Keep your Family safe by knowing about these issues and where to get help to reduce the risk of your Soldier becoming a post-deployment accident statistic.

PTSD/TBI

About 10 to 15% of post OIF Soldiers meet the screening criteria for PTSD. Factors affecting Soldier's performance, personal safety and risk-taking such as nightmares, hyperarousal and irritability. These factors



→ Privately Owned Vehicles

Sedans

Good News: There were fewer POV sedan accident fatalities in FY07 than in FY06.

Bad News: There are more Soldier deaths each year from POV accidents (sedans being the leading vehicle) than any other accidental cause, including all ground/

aviation accident types.

Sport Utility Vehicles/ Trucks/Vans

Good News: Rollover ratings issued by the National Highway Traffic Safety Administration show SUVs making progress. Seventy-eight of 145 model-year 2007 SUVs received four stars in the

rollover tests, according to the Associated Press. In 2006, 48 of 103 SUVs rated got four stars.

Bad News: From FY06 to FY07, SUV/truck/van

accident fatalities nearly tripled during the hours of 6 p.m. and midnight—more than any other time period of the day.

