DHAP
DEPLOYMENT HEALTH ASSESSMENT PROGRAM

LIFE FAMILY CAREER FUTURE

U.S.ARMY

DEPLOYMENT HEALTH ASSESSMENT CYCLE

Pre-Deployment Health Reassessment (Pre-DHA)

Taken within 60 days of deployment (DD Form 2795)

Soldier and DA Civilian Deployment

Post-Deployment Health Assessment (PDHA)

Taken within +/- 30 days of redeployment (DD Form 2796)

Post-Deployment Health Reassessment (PDHRA)

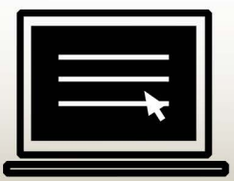
Taken 90-180 days after redeployment (DD Form 2900)

Deployment Health Assessments have 3 simple steps

STEP 1

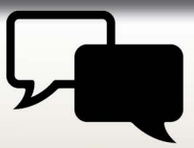
Resilience Training

STEP 2



Electronic Questionnaire (DD Form)

STEP 3



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Conversation with a Health Care Provider

Deployment Health Assessment Program (DHAP)

The Deployment Health Assessment Program (DHAP) serves as an Army gateway to referral care, medical readiness, services and programs for Soldiers and DA Civilians in the deployment cycle. As a critical Commander's tool, DHAP plays an active role in the Army's Ready and Resilient Campaign by addressing deployment health related physical and behavioral concerns, to increase Soldier resilience and unit readiness across commands and components IAW DODI. 6490.03.

Protect your Health. Whether you're a Soldier or DA Civilian mobilizing for a natural disaster, humanitarian mission, operational deployment or training exercise – DHAP is here to help you in every phase of your deployment.

The quality of your health impacts everything: **LIFE. FAMILY. CAREER. FUTURE.**

For further information, please contact your command medical personnel or local Medical Treatment Facility (MTF).

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What are DHAs?

Deployment Health Assessments (DHAs) are three screenings designed to protect your health, identify medical conditions and get you the medical care you may need. Commonly known as the Pre, Post and Reassessment, these three DHAs are taken at specific times during your deployment cycle.

Each DHA includes three steps:

STEP 1: Resilience Training (Prerequisite)
STEP 2: Electronic Questionnaire (DD Form)
STEP 3: 1-on-1 confidential conversation with a healthcare provider

When do I take the DHAs?

- The Pre-DHA (DD Form 2795) is taken within 60 days of deployment. It prepares you for the deployment and makes sure you're physically and emotionally ready.
- The PDHA (DD Form 2796) is taken 30 days before or after redeployment. The PDHA screens for deployment related injuries or behavioral concerns you may have sustained during your deployment.
- The PDHRA (DD Form 2900) is taken 90-180 after redeployment. The PDHRA screens for health issues that may have evolved over time since your return.

Who takes the DHAs?

The DHAs are required for all Soldiers and DA Civilians who deploy in support of any contingency operation to a location outside the Continental United States (OCONUS) without a fixed Medical Treatment Facility (MTF) for a period of 30 days or more. For OCONUS deployments of less than 30 days, OCONUS deployments to areas with fixed U.S. MTFs, and CONUS deployments, it is the operational Commander's decision whether a DHA is required.

Active Duty · Army National Guard · Army Reserve · Individual Ready Reserve · Army Civilians

Where do I take the DHAs?

The DHAs are generally administered at your installation as part of a unit-scheduled event or on a walk-in appointment basis at your local Medical Treatment Facility (MTF). Please contact your unit S1 or S3, or other command medical personnel to find out how your unit plans to execute.

Why should I take the DHAs?

The DHAs are opportunities to protect your health and take proactive steps to address physical and/or behavioral concerns. What you may think are normal aches, stresses or frustrations could be symptoms of behavioral or physical concerns that need proper attention. Honest and straightforward participation is necessary to truly determine your health needs.

For further information, please contact your command medical personnel or local Medical Treatment Facility (MTF).