



## FINGERNAILS

- ❑ Males will not exceed a nail length that extends beyond the tip of the finger
- ❑ Females will not exceed a nail length of  $\frac{1}{4}$  inch as measured from the tip of the finger
- ❑ Females may wear only clear nail polish in all uniforms.
- ❑ Males may not wear nail polish
- ❑ Clear acrylic nails are authorized for females, provided they have a natural appearance and conform to Army standards

*(AR 670-1, para 3-2c)*





## JEWELRY

- ❑ Attaching, affixing, or displaying objects, articles, jewelry, or ornamentation to, through, or under their skin, tongue, or any other body part is prohibited.
- ❑ Rule applies to all Soldiers on or off duty. The only exception is for female Soldiers, who may wear authorized earrings.
- ❑ No change to authorized earrings for females in service, dress, and mess uniforms.
- ❑ When females are off duty, there are no restrictions on wearing earrings so long as the earrings do not create or support ear gauging (enlarged holes in the lobe of the ear).

*(AR 670-1, para 3-4)*





## DENTAL ORNAMENTATION

- ❑ The use of gold caps, platinum caps, or caps of any unnatural color or texture (permanent or removable) for purposes of dental ornamentation is prohibited.
- ❑ Teeth, whether natural, capped, or veneered, will not be ornamented with designs, jewels, initials, and so forth.
- ❑ Unnatural shaping of teeth for nonmedical reasons is prohibited.

*(AR 670-1, para 3-4f)*

